



Crisis
Response
Leader
Training

Emergency Management



and Training



crisis
response
leader
training

Emergency Management Survey



Takes only 1 minute!

Secure & Lockdown

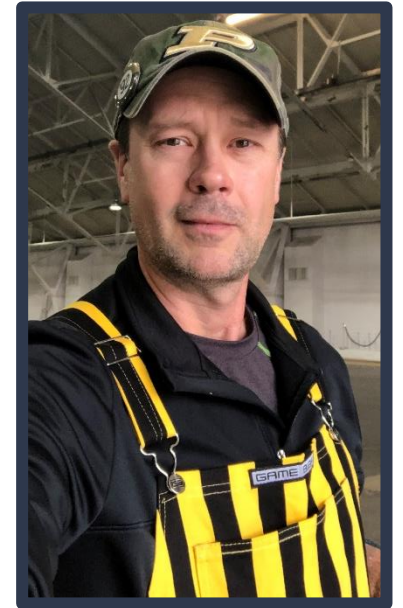
Run - Hide - Fight



TOD LANGLEY

Founder & CEO

- 30 years of Leadership
- Special Operations/Conventional Forces Commander
- Senior Policy and Training Advisor
- Active Shooter Training Expert
- Project Management Professional



Pursuit suspect runs into Warren day care, caught in classroom (bodycam)



CRIME

5 teens arrested for Big Spring YMCA shooting

Five teens, including a 13-year-old, have been arrested in connection to the shooting that left a 19-year-old in the hospital.

CBS NEWS

NEWS

SHOWS

LIVE

LOCAL

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CRIME

Justice Department settles Parkland school shooting civil cases for \$127.5 million

Forbes

4 Tactics For Rethinking Employee Security And Wellbeing

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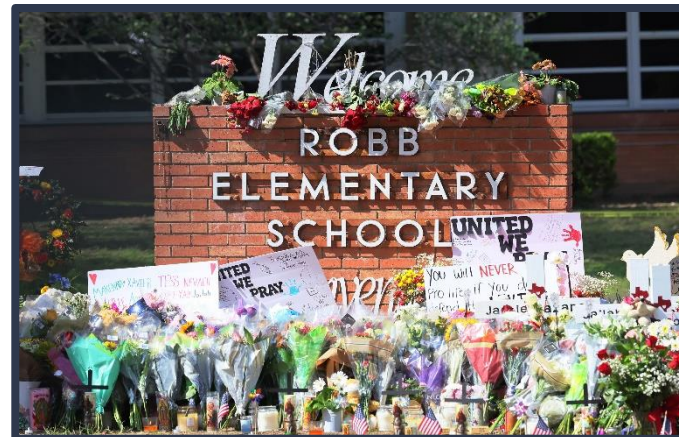
McDonald's case is wake-up call for corporate execs – botch oversight, risk liability

By Alison Frankel

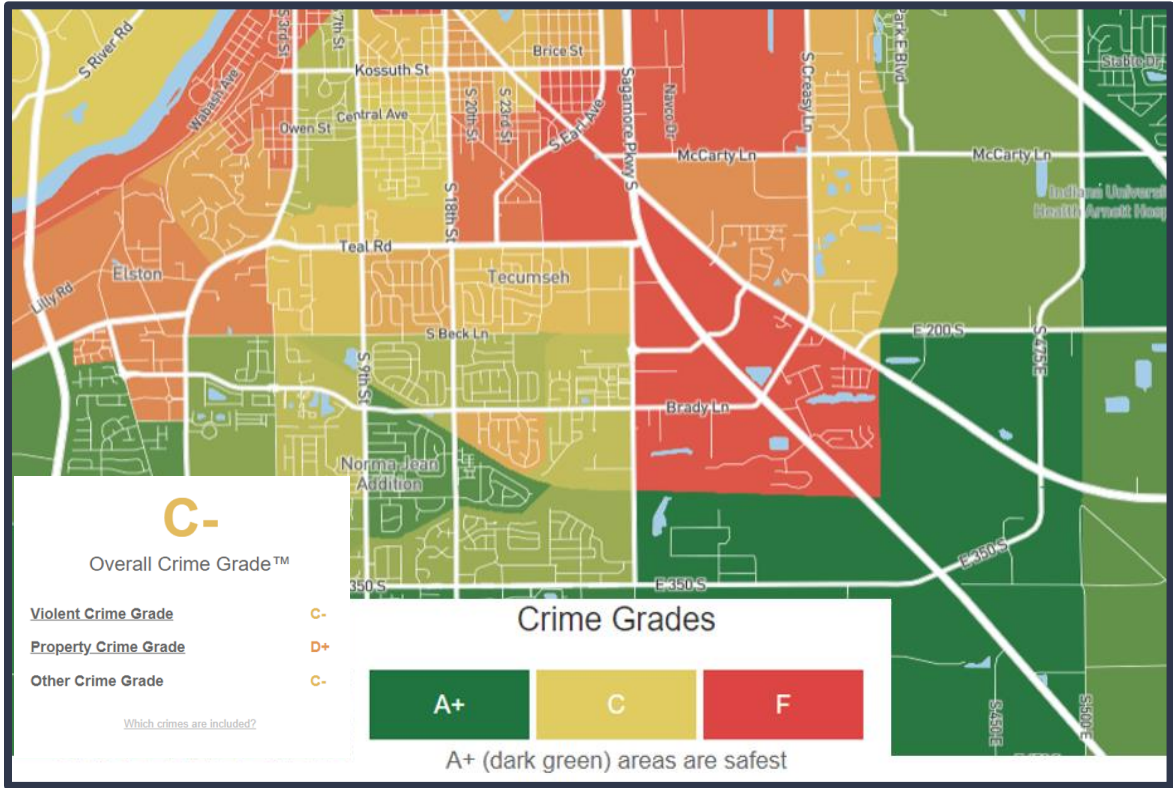
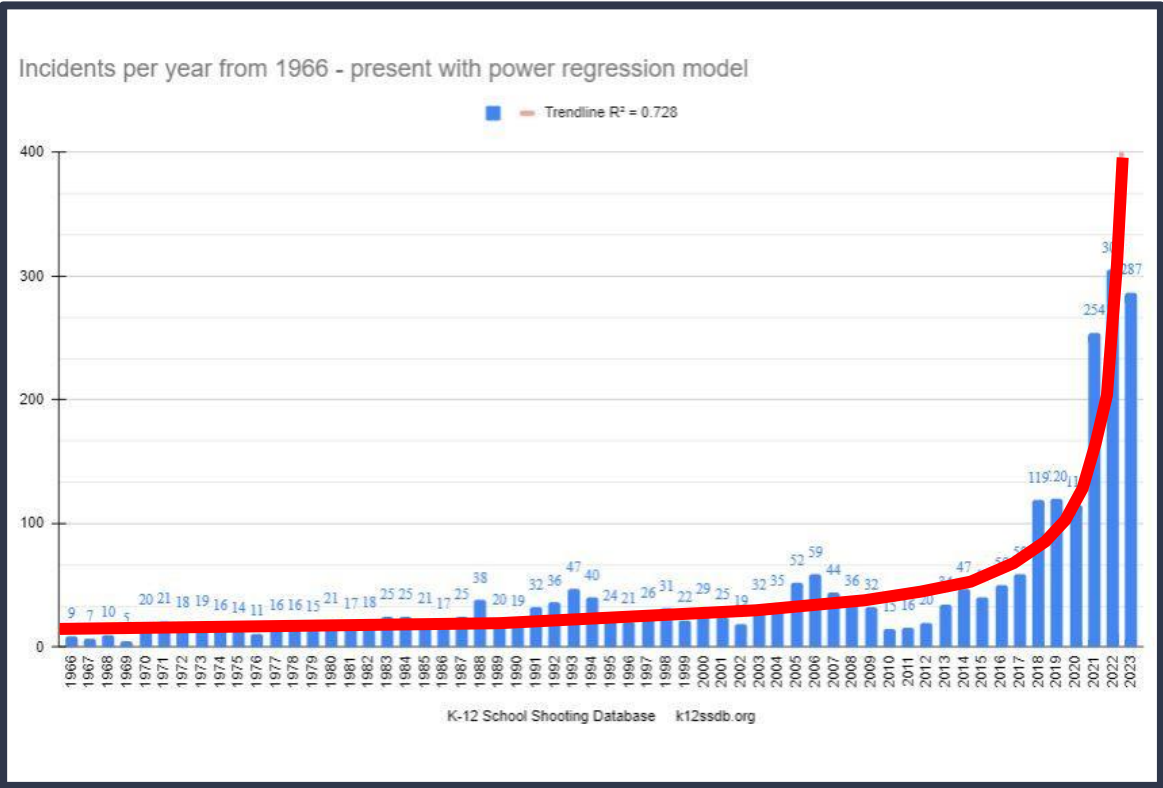
January 26, 2023 4:18 PM EST · Updated 6 months ago



Commentary | On the Case by Alison Frankel



Paradigm Shift: Force Majeure or Foreseeable Risk?



Do you understand OSHA - Standards for Emergency Action Plans?

An official website of the United States government. [Here's how you know](#) ▾

U.S. DEPARTMENT OF LABOR

Occupational Safety and Health Administration

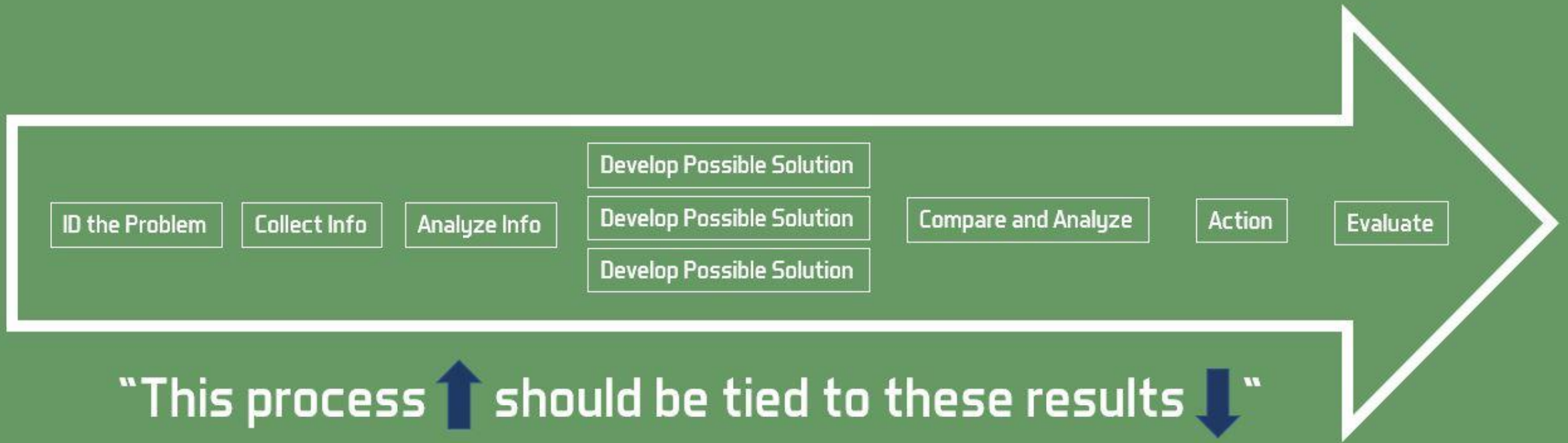
OSHA ▾ | STANDARDS ▾ | ENFORCEMENT ▾ | TOPICS ▾ | HELP AND RESOURCES ▾ | NEWS ▾

By Standard Number > 1910.38 - Emergency action plans.

- **Part Number:** 1910
- **Part Number Title:** Occupational Safety and Health Standards
- **Subpart:** 1910 Subpart E
- **Subpart Title:** Exit Routes and Emergency Planning
- **Standard Number:** [1910.38](#)
- **Title:** Emergency action plans.

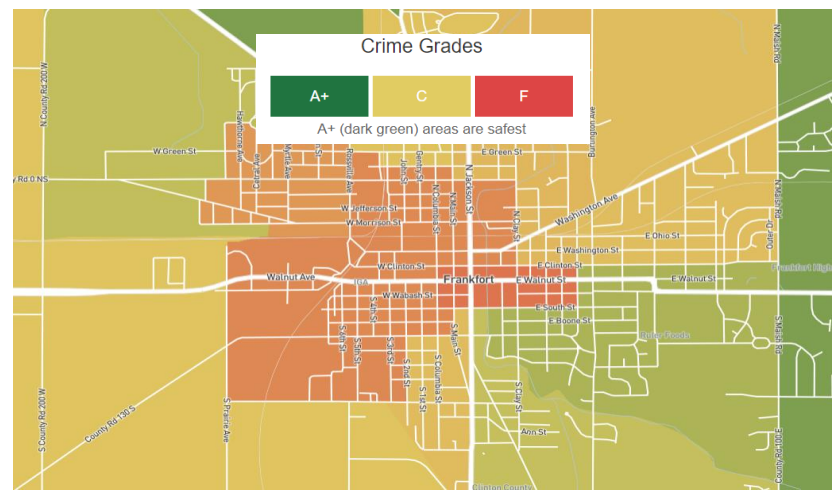
- Requirements
- Written or Oral Emergency Action Plan (EAP)
- Procedures for Reporting a Fire, or Other Emergency
- Evacuation and Exit Routes
- Critical Operations prior to Evacuation
- Accountability of all Employees
- Employees conducting Rescue or Medical Duties
- Contact Roster for Critical Leaders
- Alarm Systems
- Training Requirements
- Review of the EAP

PROBLEM SOLVING FOR INCIDENT MANAGEMENT



COMPREHENSIVE SUPPORT

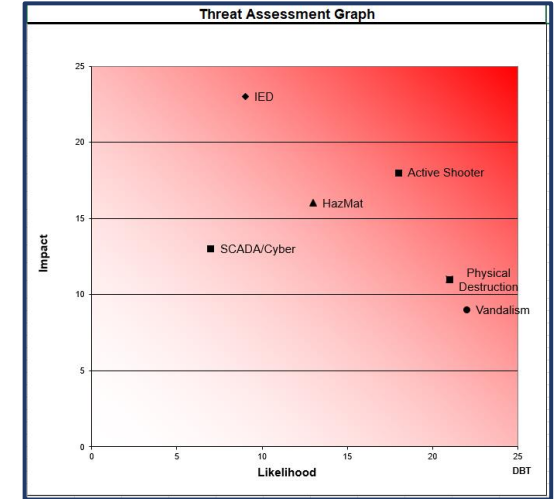
VULNERABILITY ASSESSMENT



Crime Overview

Facility Name: Crystal City Metro		CARVER Chart							CARVER Ranking		
Date: 27 FEB 2020									24+	SEVERE	
Assessor(s): TM 1									15-23	MODERATE	
ASSET	DESCRIPTION	Design Basis Threat	CARVER Ranking							RISK	Pa
			Criticality	Accessibility	Recoverability	Vulnerability	Effect	Recognizability	RISK		
Passengers/Employees		IED, Active Shooter, HazMat	5	4	2	4	5	5	25	0.83	
Payment System		Cyber/SCADA, Physical Destruct	4	3	2	3	3	4	17	0.57	
Train/Track		IED, Vandal, Physical Destruction	5	4	2	4	4	4	23	0.77	
Elevator, Escalator, Stairs		IED, Active Shooter	2	4	2	2	2	4	16	0.53	
HVAC		Hazmat, Physical Destruction	4	2	2	3	4	3	17	0.57	
Surveillance Cameras		IED, Vandal, Physical Destruction	2	2	2	4	2	4	16	0.53	
WiFi/Network		Cyber/SCADA	2	3	1	3	2	4	15	0.50	
Power		Cyber/SCADA, Physical Destruct	5	2	2	3	2	3	17	0.57	
Communication/Emergency Routing		Cyber/SCADA, Vandal, Physical	4	2	2	3	2	2	15	0.50	
									0	0.00	

Assets Vs. Threats/Risks



Likelihood

Impact

Threat and Vulnerability Risk Assessment (TVRA)

Executive Summary:

The report below is formulated from the onsite physical assessment conducted by Sentinel Resource Group, LLC of the client site located in Santa Clara, CA. This summary details the assessor's survey process, observations, and recommendations for security, process and policy development, and technology enhancements.

- Assessment received excellent cooperation and candid opinions from those interviewed.
- Assessment included a physical survey of key areas of the Client occupied spaces, a review of security operations, current policy and procedure review and current security technologies being utilized.
- Assessment activities took place both during the day and night.
- It should be noted that some items that are pointed out below in the assessment are for the client's knowledge and consideration. It is understood that not every item observed will be addressable by client.

Observations & Recommendations

security and the facilities manager the same day that issues are observed. Security-related work orders should receive a higher priority for immediate action.

Section #5 – Office Space/Building Personnel and Contractors

Assessment Scope for Section #5: This section covers access to client facilities by employees and contractors.

Observations: There were many individuals observed that were not wearing their employee badges on 6/7 December. Many employees also wear their badge clipped to their waistline; the badge hangs approximately 2 inches below the waist, making it harder to appropriately inspect a person's access. Numerous individuals were observed "piggy-backing" off other employees while entering the office spaces (even though they were wearing their own badges). This was most often noticed at the inner courtyard as employees were returning from Building C's cafeteria back to work. When approached in a customer service manner, all employees immediately corrected their behavior, but it appears that there are two issues concerning personnel access: lack of understanding of Federal regulations and a cultural concern. Employees may not understand the need for accountability during a crisis, and how the badging system helps maintain that accountability. Employees do not appear to understand the concerns of corporate espionage, workplace violence, or crime that could happen on the premises.

The kitchen access door leading to supplies stored within the parking garage was propped open and left unattended.

Third-party vendors and contractors are controlled via the Facilities Manager. There are over 125 different vendors/contractors that are registered to do business with the client. There is a system in place for initial vetting of outside workers. There is also a system in place for registration of these workers through the reception desk, facilities manager, and a third-party "onboarding" company. There is the possibility of a break-down in communication of day-to-day activities associated with outside workers between the facilities manager and security. An incident was observed that highlights this possibility: a facilities section van was observed parked behind Building E on 6 December. The double doors near the vehicle were propped open; it was clear that client personnel were loading furniture into the van. The personnel then left the area but did not secure the van or the doors. Although these were likely full-time employees, there is more of a chance that similar missteps could occur with outside workers that are not supervised or routinely checked up on by security officers.



EMERGENCY ACTION PLAN

Emergency Action Plan

Medical Emergency

- Call CMU Police at 412-268-2323 or use any available emergency phone or emergency beacon.
- If you know CPR, start chest compressions.
- If you do not know CPR, retrieve one of the numerous AEDs installed on campus, if possible.
- If an AED is available, open its case and follow the step-by-step audio instructions.
- Stay with the person until help arrives.

Fire or Explosion

- Activate the fire alarm and evacuate the building.
- If smoke is encountered while evacuating, stay close to the floor where air is coolest and smoke free.
- Feel the door with the back of your hand before opening it. If the door is cool, open it slowly. If the door is hot, or if smoke is detected on the other side, do not open it. Seek another way out.
- If you cannot exit, shelter in a safe place, call CMU Police 412-268-2323, text a friend or yell for help.
- Attempt to make yourself visible to responding authorities.

Active Shooter

- GET OUT immediately and run away from the gunman or from sounds of gunfire.
- HIDE in an area out of the shooter's view. Close, lock and block entry to your hiding place, turn off lights and silence your cell phone or any other devices.
- FIGHT as a last resort and only if you are in imminent danger. Attempt to incapacitate the shooter. Act with physical aggression.

Hazardous Materials

- Evacuate the area and activate the building fire alarm.
- Call CMU Police at 412-268-2323.
- If the material spills on you, remove your clothing and use a safety shower or drench hose.

Building Evacuation

- If an alarm sounds, evacuate immediately — but don't run.
- Do not use elevators.
- Move away from the building and to a designated meeting area.
- While exiting, move far away from the building's exterior to assure your safety and to provide ample room for firefighters and emergency equipment.
- Do not reenter an evacuated building until it has been determined safe to do so.

Shelter in Place

- Certain incidents like severe weather or hazardous spills may require sheltering in place.
- Take shelter in a windowless interior room or hallway.
- Lock doors and windows.
- If outside, enter the nearest building.
- Stay indoors until instructed otherwise.

Flooding

- Move to a safe location.
- Call CMU Police at 412-268-2323.
- Do not walk through floodwater — it may be contaminated or contain a live electrical current.
- Do not drive a vehicle through floodwater.

Severe Weather

- A severe weather WATCH provides lead time for monitoring a possible worsening weather condition.
- A severe weather WARNING means that severe weather is imminent. Move to a safe location.
 - High wind of more than 40 miles/hour for sustained or 60 miles/hour for gusts
 - Lightning (within 10 mile radius)
 - Severe thunderstorm or when thunder is heard
 - Tornado
 - Extreme heat (heat index greater than 115° F for any period or 105° F for more than 3 hours)
 - Cold wind chill (index below -19° F)

A Vulnerability Assessment needs to directly influence your Emergency Action Plan and Incident Response Plan

TRAINING

BENEFITS

- Employee Well-Being
- Create Safe Organizational Culture
- Lower Training Costs
- Individual Response Efficiency
- Leader Response Efficiency
- Improve Agency Coordination
- Discuss Resource Gaps
- Reduce Risks
- Overall Security Improvements
- Compliance



What is a Tabletop Exercise?

Discussion-based sessions where team members meet in an informal, classroom setting to **discuss their roles during an emergency and their responses to a particular emergency**. A facilitator guides participants through a discussion of one or more scenarios to validate plans.



Consequence Management

1st Order:
Stop the Killing



2nd Order:
Stop the Dying



3rd Order:
Community Recovery

EXERCISE THE MIND

CRLT and the YMCA Partnership Case Study

What did we discover together?

- Run-Hide-Fight or Lockdown
- Accountability and Assembly Areas
- Daycare
- Early Warning & Time Barrier
- Alert Notification: Tenants, Members, and Neighbors
- Training
- Construction Considerations



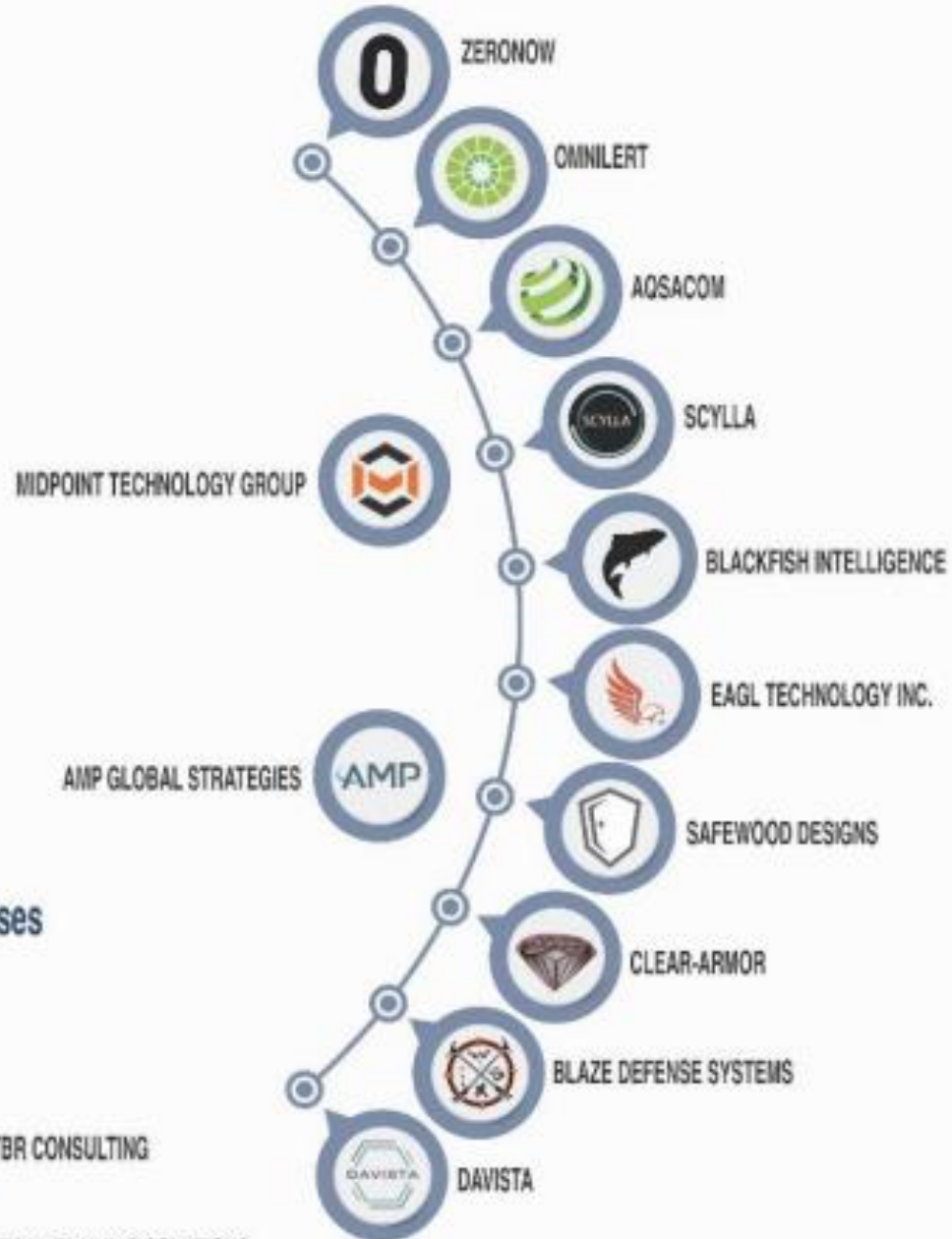
OUTREACH

Law Enforcement
Fire and Rescue
Tenants & Customers
Community



YMCA Considerations

- Vulnerability Assessments
 - Risk Identification
 - Likelihood
 - Impact
- Federally-mandated Emergency Action Plan
- Federally-mandated Training Plan & Implementation
- Outreach
- Evaluations
- New, open Y Facility Concepts
- Daycares
- Camps
- Tenants, Partners, Neighbors
- Specialized Consulting and Instructors



Change!

“I never thought it would happen here...”

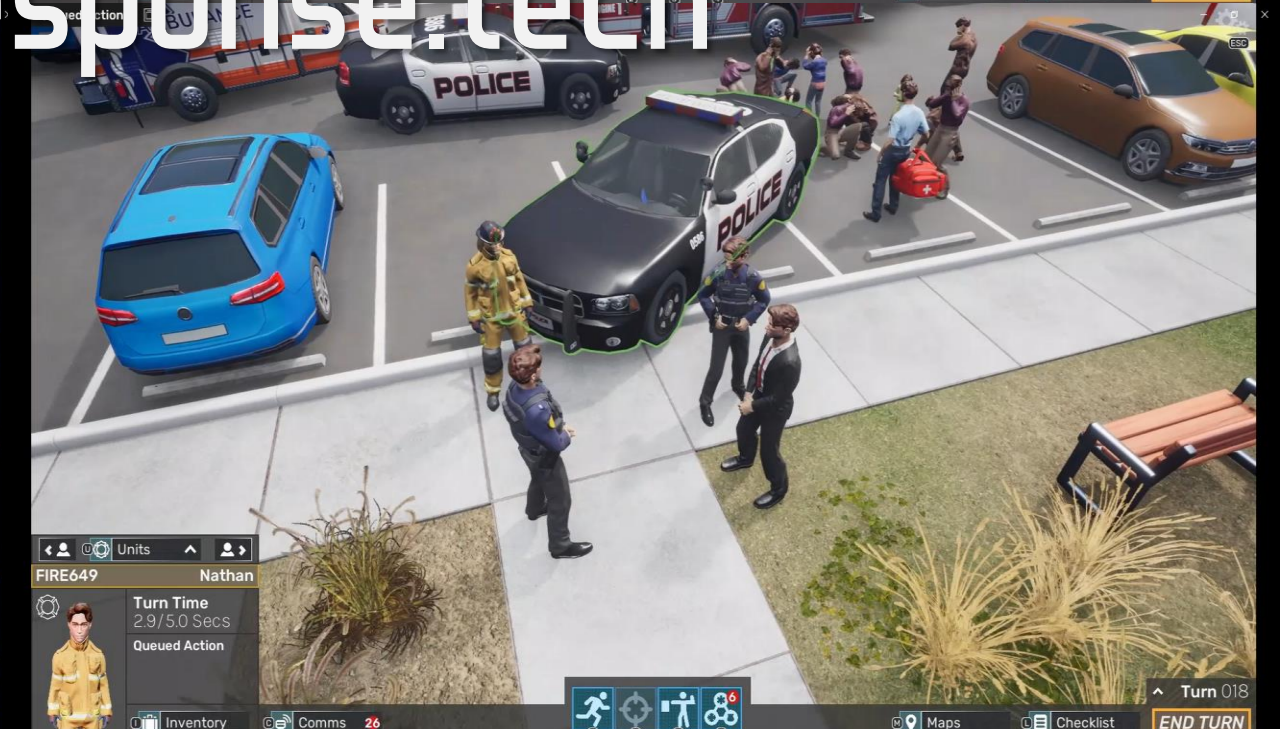
to

“It will not happen here.”

#NEVERHERE



www.CrisisResponse.tech





Crisis
Response
Leader
Training

Tod Langley

CEO

CRLT, Inc

Tod.Langley@CrisisResponse.tech

765.427.6795

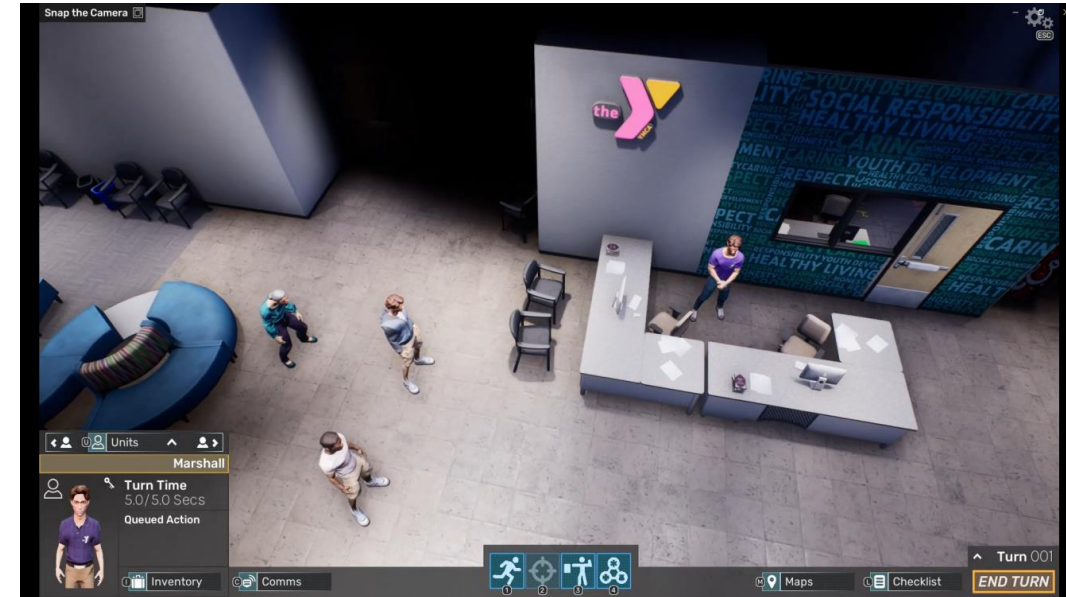
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Indiana Alliance of YMCAs Special Offer!

\$4,999/Year

- Comprehensive Emergency Management Curriculum
- 12 Hours of New Content: Video and Simulation Modules for Individual Safety and Security Training
 - Emergency Management Processes
 - Vulnerability Assessment
 - Emergency Action Plan
 - Employee to Executive Training Modules
- Uniquely Tailored to YMCAs
- Unlimited Users per Organization
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*Contact us for a quote



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Tod Langley
CEO, CRLT

Tod.Langley@CrisisResponse.tech
765.427.6795

