



COLLECTIVE IMPACT

INDIANA ALLIANCE OF YMCAS
2024 COMMUNITY BENEFIT REPORT



The YMCA’s impact isn’t just measured in numbers—it’s seen in lives transformed across Indiana. Every day, we meet Hoosiers where they are, helping them lead healthier, fuller lives. From a toddler’s first swim to a senior regaining mobility, the Y is there, strengthening the foundations of community, one person at a time. This report shares just a few of the stories that inspire us to serve with passion and purpose. I’ll start the report by sharing a camp story.

Seventy years after her camp days, Mary rediscovered a piece of her childhood– a simple name on a cabin wall, untouched by time. Now 80, her love for camp lives on through her children and grandchildren, a testament to the lasting impact of the experience. Camp is more than a summer escape– it’s where kids grow, friendships flourish, and memories are made to last a lifetime.

Warm regards,
Joel Sieplinga
Board Chair, Indiana Alliance of YMCAs

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The Community Benefit Report data was compiled using submissions from 38 of the 41 Indiana YMCAs. For the three YMCAs that did not submit updated data, we utilized their previous year's submission.

» RECLAIMING HEALTH

Health and well-being are at the heart of the YMCA's mission. Through initiatives like the Diabetes Prevention Program, Rock Steady Boxing for those with Parkinson's, and LIVESTRONG at the YMCA for cancer survivors, we help individuals reclaim their health and improve their quality of life.

Rita didn't want to be at the Y when she first arrived, struggling with balance and relying on a walker. But with encouragement from her daughter, she gave it a try—and everything changed. Her spirits lifted first, then her strength followed. What started as a reluctant visit became the highlight of her week. Today, Rita moves with just a cane, a testament to the life-changing impact of movement, community, and the supportive environment of the YMCA.



8,119

people served
through mental
health programs
at 14 Ys



3,311

people served
through community
integrated health
programs



57,920

swim lessons
provided at 35
Ys

PROGRAM SUBSIDY/ FINANCIAL ASSISTANCE <<



We strategically subsidize programs that demonstrate measurable positive outcomes, ensuring that financial assistance is directed toward initiatives that create lasting improvements in individuals' health, well-being, and overall quality of life.

As an example, we know cancer changes lives, but so does the power of support and community. Through the YMCA, survivors find strength, healing, and connection—free from financial barriers. Thanks to generous subsidies and fundraising efforts, participants regain confidence, improve their well-being, and continue their journey beyond the program. This is mission in action—proving that when we invest in people, we change lives.

\$15,146,276



provided in
financial
assistance

\$19,265,379



provided in
subsidies

263,586



people provided
assistance
and/or subsidy

» BELONGING AT THE YMCA

At the Y, individuals find a welcoming community where they can connect, grow, and support one another. Through programs, volunteer opportunities, and shared experiences, the Y fosters a sense of belonging that strengthens individuals and unites communities.

At 83, Lila never expected to be raising her grandchildren, but life had other plans. With limited resources, she was determined to give them the love and stability they deserved. The YMCA became their lifeline. Thanks to a scholarship, Jordan found confidence on the basketball court, Emily flourished in after-school activities, and Lila found peace of mind. “The Y has lifted a weight off my shoulders,” she says. More than a place to play, the Y became their village—a source of strength, support, and hope. Because of the YMCA, Lila’s grandchildren aren’t just getting by—they’re thriving.



645,571

Hoosiers served by
Indiana YMCAs



463

YMCA program locations
across the state

QUALITY CHILDCARE THRIVING COMMUNITIES <<



Reliable, high-quality childcare is critical for working families and early childhood development. YMCA childcare programs provide safe, nurturing environments where children learn, grow, and develop essential social, emotional, and academic skills, ensuring they are ready for school and beyond.

For Tyler, before- and after-school care isn’t just a routine—it’s the best part of his day. He begs to go early and never wants to leave because “that’s when all the fun happens.” For his mom, it’s more than childcare—it’s peace of mind, knowing he’s safe, happy, and surrounded by staff who feel like family. And on snow days, when working parents scramble, Tyler is thrilled to spend the day at a place he loves. “It’s a true gift,” his mom says, grateful for the support and joy it brings to them both.



45,266

Indiana youth served in
childcare programs

»» NEXT GENERATION LEADERSHIP

Our commitment to developing future leaders is evident in programs like Youth and Government®, where young people learn the values of democracy, civic engagement, and leadership. Through hands-on experiences, students gain the confidence and skills necessary to become informed, active citizens.

Adrian was shy, hesitant to speak up—until he joined Indiana’s Youth and Government® program. In this empowering space, he found his voice, gained confidence, and learned the power of civic engagement. What started as quiet participation grew into bold leadership. Indiana’s Youth and Government® program doesn’t just teach policy—it shapes future leaders like Adrian, proving that when young people are given the tools to lead, they rise.



WORKFORCE DEVELOPMENT FOR TEENS & YOUNG ADULTS <<



The Y equips teens and young adults with essential job skills, leadership training, and real-world work experience, preparing them for future careers. By fostering a strong work ethic and professional growth, we help young people build confidence and contribute meaningfully to their communities.

Not knowing where you’re going isn’t the same as not wanting to go somewhere. Billy felt stuck, unsure of his path—until he joined the Y’s workforce development program. Through guidance, skill-building, and support, he found his direction and a career he loves. Today, Billy is not just employed; he’s thriving. His story is a testament to the power of opportunity, proving that with the right support, anyone can find their way forward.

»» THE YMCA AS AN EMPLOYER

As one of the largest non-profit employers in the state, the YMCA provides meaningful jobs to thousands of Hoosiers. Whether it’s lifeguards ensuring pool safety, childcare staff nurturing young minds, or wellness coaches guiding members toward better health, our Y professionals serve as community anchors.



16,027

people employed at
Ys in 2024



\$124,053,195

paid in employee payroll



INDIANA ALLIANCE OF YMCAS

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